

## Resources

There are many great materials out there to support continued learning and action for social justice. This list includes resources mentioned throughout the book, as well as others that have come to our attention since it was written. Of course there are so many more than we have space to share here; our hope is that what follows inspires you to continue on your learning journey.

### Curriculum

- *Anti-Bias Education: for Young Children and Ourselves*, by Louise Derman-Sparks and Julie Olsen Edwards, National Association of Education of Young Children, 2010. If you buy one book to help you work with your two- to six-year-old, this should be the one.
- *Starting Small: Teaching Tolerance in Preschool and the Early Grades*, by Learning for Justice (formerly Teaching Tolerance) of the Southern Poverty Law Center: [http://www.tolerance.org/sites/default/files/kits/Teachers\\_Study\\_Guide.pdf](http://www.tolerance.org/sites/default/files/kits/Teachers_Study_Guide.pdf). This is a free download on the Learning for Justice website that features practical activities you can do with your preschoolers and kindergarteners.
- Learning for Justice (formerly Teaching Tolerance) provides many more anti-bias resources for teachers and parents: [www.tolerance.org/classroom-resources](http://www.tolerance.org/classroom-resources)
- Rethinking Schools has curriculum resources for all ages, including for early education, about climate change and globalization: [www.rethinkingschools.org](http://www.rethinkingschools.org). We can't recommend it highly enough!
- The Zinn Education Project is chock full of learning materials for classrooms and can be used at home too: <https://www.zinnedproject.org>
- Facing History and Ourselves offers resources that address racism, antisemitism, and prejudice throughout history, helping students connect choices made in the past to those they will confront in their own lives. Some great classroom support here: [www.facinghistory.org](http://www.facinghistory.org)

### Books

- *Privilege, Power, and Difference*, by Allan G. Johnson, McGraw-Hill, 2006. Think of this as a Social Justice 101 book.
- *How to Talk So Kids Will Listen & Listen So Kids Will Talk*, by Adele Faber and Elaine Mazlish, Scribner, 2012. Enthusiastically praised by parents and professionals around the world, the down-to-earth, respectful approach of Faber and Mazlish makes relationships with children of all ages less stressful and more rewarding.
- *Boys Will Be Men: Raising Our Sons for Courage, Caring, and Community*, by Paul Kivel, New Society Publishers, 1999. Although published in the early 90s, this book still provides on-point questions and a solid framework for parenting boys.

- *Critical Multicultural Analysis of Children’s Literature: Mirrors, Windows, and Doors*, by Maria Jose Botelho and Masha Kabakow Rudman, Routledge Press, 2009. This book offers valuable strategies to help adults guide children in reading dominant narratives of race, class, and gender.

#### Other Resources

- “10 Quick Ways to Analyze Children’s Books for Sexism and Racism,” by Louise Derman-Sparks and ABC Task Force, from *Anti-Bias Curriculum: Tools for Empowering Young Children*:  
[www.teachingforchange.org/wp-content/uploads/2012/08/ec\\_tenquickways\\_english.pdf](http://www.teachingforchange.org/wp-content/uploads/2012/08/ec_tenquickways_english.pdf)
- “Let’s Talk,” by Teaching Tolerance, offers strategies to help adults facilitate difficult conversations with kids about race and racism, as well as gender bias, ableism, and religious and anti-LGBT persecution:  
[www.tolerance.org/sites/default/files/general/TT%20Difficult%20Conversations%20web.pdf](http://www.tolerance.org/sites/default/files/general/TT%20Difficult%20Conversations%20web.pdf)
- “How to Talk to Kids About Difficult Subjects,” by Caroline Knorr:  
[www.common sense media.org/blog/how-to-talk-to-kids-about-difficult-subjects](http://www.common sense media.org/blog/how-to-talk-to-kids-about-difficult-subjects)
- Media outlets with a social justice lens:
  - a. Democracy Now, [www.democracynow.org](http://www.democracynow.org)
  - b. Al Jazeera, [www.aljazeera.com](http://www.aljazeera.com)
- “Unpacking the Knapsack of Privilege,” by Peggy McIntosh:  
[deanza.edu/faculty/lewisjulie/WhitePrivilege.pdf](http://deanza.edu/faculty/lewisjulie/WhitePrivilege.pdf)
- Irresistible offers dozens of practices for collective healing and for building a resilient social justice movement: [www.irresistible.org](http://www.irresistible.org) (while Irresistible, formerly known as the Healing Justice Podcast, is no longer in operation, they still provide all the resources on their website)

## Parenting for racial justice

#### Definitions, Tools, Research

- Background on white, Black, Asian, Latinx, Indigenous, biracial, and multiracial identity development, and much more:  
<https://www.racialequitytools.org/fundamentals/core-concepts/theory>
- United for a Fair Economy has excellent infographics and reports that illustrate the tangible impact of racism today: [faireconomy.org](http://faireconomy.org)
- Catholic workers in St. Louis, Missouri, put together an excellent compilation of Racism 101 resources: [newsite.karenhousecw.org](http://newsite.karenhousecw.org)

- *Dismantling Racism: 2016 Workbook*, by dRworks, offers definitions, historical background, and support for shifting the culture in organizations/workplaces: <https://resourcegeneration.org/wp-content/uploads/2018/01/2016-dRworks-workbook.pdf>
- EmbraceRace hosts frequent webinars on parenting for racial justice: [www.embracerace.org](http://www.embracerace.org)

#### Film (clips & features)

- Brave New Films offers excellent short films that document racism today, including as seen in mass incarceration: [bravenewfilms.org/racismisreal](http://bravenewfilms.org/racismisreal)
- *Race, the Power of an Illusion* is an outstanding three-part documentary film produced in 2003 by California Newsreel: <https://www.racepowerofanillusion.org>
- “How to Talk About Race” video with Jay Smooth: <https://youtu.be/MbdxeFcQtaU>
- In the video “Understanding Race in the 21st Century,” PBS correspondent Charlayne Hunter-Gault talks with Rev. David Billings of the People’s Institute for Survival and Beyond about the problem of race in America along with possible solutions: <https://www.pbs.org/video/understanding-racism-in-the-21st-century-1470184215>
- “The Myth of Race, Debunked” video with Jenee Desmond Harris: <https://youtu.be/VnfKgfCZ7U>
- The video “Mighty Times: The Children’s March” tells the story of the more than 4,000 Black schoolchildren who deserted classrooms in Birmingham, Alabama, on May 2, 1963, launching a week of powerful mass demonstrations for civil rights: <https://youtu.be/5c113fq3vhQ>
- *Ruby Bridges* is a 1998 Disney film about the six-year-old who was the first Black child to integrate the all-white schools in New Orleans: <https://movies.disney.com/ruby-bridges>
- *Unlearning “Indian” Stereotypes* is a DVD produced in 1977 by the Council on Interracial Books for Children and enhanced by Rethinking Schools in 2008: <https://www.zinnedproject.org/materials/unlearning-indian-sterotypes>
- The feature documentary *I’m Not Racist, Am I?* follows 12 teenagers from New York City as they talk about race and privilege in a series of workshops and in conversations with friends and family members: <http://www.notracistmovie.com>
- *Kids on Race*, a 2015 video produced by WNYC: <https://youtu.be/C6xSyRJqIe8>

#### Books & Articles

- *When They Call You A Terrorist: A Black Lives Matter Memoir*, by Patrisse Khan-Cullors and Asha Bandele, Canongate Books, 2018. This powerful book gives insight into how white supremacy has impacted individuals and communities and motivated the authors to respond with love and community.

- *My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies*, by Resmaa Menakem, Central Recovery Press, 2017. Through the exercises in this book, Menakem helps us recognize where racialized trauma lives in our bodies and take steps toward healing.
- *How to Be an Antiracist*, by Ibram X. Kendi, OneWorld, 2019. From the basics to the visionary, this book lays out the problem of racism and a roadmap for justice and freedom.
- *Raising White Kids: Bringing Up Children in a Racially Unjust America*, by Jennifer Harvey, Abingdon Press, 2017. This helpful Racism 101 book supports families and educators in raising their children to be active anti-racist allies.
- *Between the World and Me*, by Ta-Nehisi Coates, Spiegel & Grau, 2015. Written as a letter to his son in a series of essays, Coates confronts the notion of race in America and how it has shaped American history, often at the cost of Black bodies and lives.
- *The New Jim Crow: Mass Incarceration in the Age of Colorblindness*, by Michelle Alexander, The New Press, 2010. This is a must-read book about mass incarceration in the US. There's also a companion book for young readers.
- *Brown Girl Dreaming*, by Jacqueline Woodson, Nancy Paulsen Books, 2014. This is a memoir poem about Woodson's childhood, taking places in the South and New York City. While written for youth, it's also an excellent read for adults.
- *Waking Up White: And Finding Myself in the Story of Race*, by Debby Irving, Elephant Room Press, 2014. This nonfiction book shares one woman's honest and unflinching exploration of race in the US and her own white privilege.
- *White Kids: Growing Up with Privilege in a Racially Divided World*, by Margaret Hagerman, NYU Press, 2018. Hagerman provides a crucial analysis of the "well-meaning" and "colorblind" racism that her subjects perpetuate, stripping down the coded language of suburbia.
- *Why Are All the Black Kids Sitting Together in the Cafeteria? And Other Conversations About Race*, by Beverly Daniel-Tatum, Basic Books, 1997, 2017. Written over 20 years ago, this book is still highly relevant, informative, and inspirational.
- *killing rage: Ending Racism*, by bell hooks, Holt Paperbacks, 1996. These 23 essays are written from a Black and feminist perspective, tackling the bitter difficulties of racism by envisioning a world without it.
- *A Different Mirror: A History of Multicultural America*, by Ronald Takaki, Back Bay Books, 1993. In a lively account filled with the stories and voices of people previously left out of the historical canon, Takaki offers a re-visioning of our nation's past.
- "Characteristics of White Supremacy Culture," by Tema Okun, dRworks:  
<http://www.dismantlingracism.org/uploads/4/3/5/7/43579015/whitesupcul13.pdf>. Plus more on white supremacy culture at  
<http://www.dismantlingracism.org/white-supremacy-culture.html>.

- “Children Are Not Colorblind: How Young Children Learn Race,” by Erin Winkler, *PACE*, 2009:  
[https://nmaahc.si.edu/sites/default/files/downloads/resources/children\\_are\\_not\\_colorblind.pdf](https://nmaahc.si.edu/sites/default/files/downloads/resources/children_are_not_colorblind.pdf)
- Tips for talking to children about race and racism in a 2017 article by Erin Winkler:  
<https://www.buzzfeed.com/erinwinkler/tips-for-talking-to-children-about-race-and-racism>
- “Multiracial Bill of Rights,” by Maria P.P. Root:  
[www.safehousealliance.org/wp-content/uploads/2012/10/A-Bill-of-Rights-for-Racially-Mixed-People.pdf](http://www.safehousealliance.org/wp-content/uploads/2012/10/A-Bill-of-Rights-for-Racially-Mixed-People.pdf)
- “Having the Race Talk with My 4- and 21-Year-Old Sons,” by Meilan Carter-Gilkey:  
<https://www.matermea.com/blog/2014/11/16/race-talk-personal-essay>
- “How Well-Intentioned White Families Can Perpetuate Racism,” by Joe Pinsker:  
<https://www.theatlantic.com/family/archive/2018/09/white-kids-race/569185>
- *The Guide for White Women Who Teach Black Boys*, by Eddie Moore, Ali Michael, and Marguerite W. Penick-Parks, Corwin, 2018.
- “On Mothering White Sons to Know #BlackLivesMatter: Our Silence Is Continued Violence,” by Alyssa Dunn:  
[https://www.huffpost.com/entry/on-mothering-white-sons-to-know-blacklivesmatter\\_b\\_577e85bce4b03288ddc57d79?te=Atlantic](https://www.huffpost.com/entry/on-mothering-white-sons-to-know-blacklivesmatter_b_577e85bce4b03288ddc57d79?te=Atlantic)
- “Talking About Ferguson with Our Little Boys,” by Nani Arreaza, an interview with two parents, one Latina and one white:  
<https://parents-together.org/talking-about-ferguson-with-our-little-boys>
- “100 Race Conscious Things to Say to Your Child to Advance Racial Justice”:  
<http://www.raceconscious.org/2016/06/100-race-conscious-things-to-say-to-your-child-to-advance-racial-justice>

#### Support for Organizing for Change

- The website for Black Lives Matter (BLM) outlines the BLM principles and how we can all support the movement: [blacklivesmatter.com](http://blacklivesmatter.com)
- The Movement for Black Lives consists of over 50 POC-led organizations coming together to organize for change. They have put together a policy platform that is a must-read: <https://policy.m4bl.org/platform>
- Through community organizing, mobilizing, and education, Showing Up for Racial Justice (SURJ) moves white people to act with passion and accountability as part of a multiracial majority for justice: [showingupforracialjustice.org](http://showingupforracialjustice.org)
- Led by students, the Urban Youth Collaborative brings together New York City students to fight for real education reform that puts students first, demanding social, economic, and racial justice in our schools and communities: [urbanyouthcollaborative.org](http://urbanyouthcollaborative.org)

- Black Youth Project 100 (BYP100) is a member-based organization of Black youth activists creating justice and freedom for all Black people: [byp100.org](http://byp100.org)
- The Root Social Justice Center, based in southern Vermont and working with folks all over the state and region, is building a movement for racial justice by building power for people of color and shifting resources to POC-led organizing: [therootsjc.org](http://therootsjc.org)
- Migrant Justice organizes very successfully with undocumented migrant farmworkers in Vermont for basic human rights and dignity, receiving national attention for its work: [migrantjustice.net](http://migrantjustice.net)
- #Not1More builds collaboration among individuals, organizations, artists, and allies to expose, confront, and overcome unjust immigration laws: [notonemoredeportation.com](http://notonemoredeportation.com)
- The Canada-based Idle No More calls on all people to join in a peaceful revolution, to honour Indigenous sovereignty, and to protect the land and water: [idlenomore.ca](http://idlenomore.ca)
- The Gathering for Justice is building a movement to eliminate racial inequities in the criminal justice system: [gatheringforjustice.org](http://gatheringforjustice.org)

## Parenting for economic and class justice

### Definitions & Research

- The Economic Policy Institute is a think-tank researching issues that impact working Americans: [epi.org](http://epi.org)
- *Economics for the 99%*, a report by the Center for Popular Economics: [https://www.populareconomics.org/wp-content/uploads/2012/06/Economics\\_99\\_Percent\\_for\\_web1.pdf](https://www.populareconomics.org/wp-content/uploads/2012/06/Economics_99_Percent_for_web1.pdf)
- Class Action works to end classism and provides helpful tools and training: [classism.org](http://classism.org)
- United for a Fair Economy offers excellent resources to help us learn about the problem of an unequal economy and solutions for creating a fair economy: [faireconomy.org](http://faireconomy.org)
- *Teaching Economics As If People Mattered*, high school curriculum by Tamara Sober Giecek with United for a Fair Economy: <http://www.teachingeconomics.org>
- *Created Equal: A Curriculum for High Schoolers and Middle Schoolers on Class and Classism*, by Phyllis Labanowski and Pamela Freeman: [classism.org/programs/created-equal](http://classism.org/programs/created-equal)
- *From Banks and Tanks to Cooperation and Caring: A Strategic Framework for a Just Transition*: [movementgeneration.org/justtransition](http://movementgeneration.org/justtransition)

### Films, Games, Media

- Video from Hunger Free Vermont supporting universal school meals: <https://youtu.be/kgGyZ41IN18>
- “Wealth Inequality in America” video by Politizane: <https://youtu.be/QPKKQnijnsM>

- The game Spent provides a simulation of the challenging choices (or lack of choices) one has when living in poverty: <http://playspent.org>
- TESA offers the fun and thought-provoking Co-opoly, “a game of skill and solidarity, where everyone wins—or everyone loses!”  
<https://store.tesacollective.com/co-opoly-the-game-of-co-operatives>
- Talk Poverty features a blog, podcast, and more with good info about poverty:  
<https://talkpoverty.org>
- Say the folks behind the Story of Stuff Project, “We have a problem with Stuff: we have too much of it, too much of it is toxic, and we don’t share it very well. But that’s not the way things have to be.” Check out their Story of Solutions:  
<http://storyofstuff.org/movies/the-story-of-solutions>
- “A Message from the Future with Alexandria Ocasio Cortez”:  
<https://theintercept.com/2019/04/17/green-new-deal-short-film-alexandria-ocasio-cortez>
- Kids Can Make a Difference offers short film clips about kids learning about and taking action to address root causes of hunger and inequality: [www.kidscanmakeadifference.org](http://www.kidscanmakeadifference.org)

#### Books & Articles

- Essay “Why Is There Poverty?” by Allan G. Johnson:  
<https://www.agjohnson.us/essays/poverty>
- Interview with Robert Putnam, “Why You Should Care About Other People’s Kids”:  
<https://www.pbs.org/newshour/nation/care-peoples-kids>
- *Where We Stand: Class Matters*, by bell hooks, Routledge, 2000. Drawing on her roots in Kentucky and her adventures with Manhattan co-op boards, with this book bell hooks offers personal, straightforward, and rigorously honest reflection on how our dilemmas of class and race are intertwined, and how we can find ways to think beyond them.
- *Without a Net: The Female Experience of Growing Up Working Class*, edited by Michelle Tea, Seal Press, 2004. These fierce, honest, and tender essays cover everything from stealing and selling blood to make ends meet to how feminine identity is shaped by poverty.
- *Hand to Mouth: Living in Bootstrap America*, by Linda Tirado, Putnam, 2014. Tirado articulates what it is to be working poor in America and what poverty is truly like, on all levels.
- *Class Matters: Cross-class Alliance Building for Middle-class Activists*, by Betsy Leondar-Wright, New Society Publishers, 2005. A guide to building bridges across class lines and collaborating more effectively in mixed-class social change efforts, this book is full of stories, ideas, tips, and resources.
- “The Case for Reparations,” by Ta-Nehisi Coates:  
<https://www.theatlantic.com/magazine/archive/2014/06/the-case-for-reparations/361631>



- *Our Kids: The American Dream in Crisis*, by Robert D. Putnam, Simon & Schuster, 2015. While he doesn't critique the economic system that creates class divisions, Putnam provides an important look at the symptoms and suggests solutions to alleviate the immediacy of the suffering.

#### Support for Organizing for Change

- Beautiful Solutions is an online platform, book, and training program that elevates strategies for creating the just world we want: <https://solutions.thischangeseverything.org>
- Economic justice platform of the Movement for Black Lives: <https://policy.m4bl.org/economic-justice>
- The New Economy Coalition is a membership-based network that works to accelerate the transition of our economic system from capitalism to a solidarity economy: [neweconomy.net](http://neweconomy.net)
- Ujima is a cooperative economic project in Boston: [ujimaboston.com](http://ujimaboston.com)
- The US Solidarity Economy Network works to connect the elements of the solidarity economy conceptually and practically: [ussen.org/solidarity-economy](http://ussen.org/solidarity-economy)
- The Democracy Collaborative is a research and development lab for the democratic economy: [community-wealth.org/content/worker-cooperatives](http://community-wealth.org/content/worker-cooperatives)
- Honor the Earth is protecting Native American lands with the vision of a sustainable future for Native communities: [honorearth.org](http://honorearth.org)
- Cooperation Jackson is building a solidarity economy in Jackson, Mississippi, anchored by a network of cooperatives and worker-owned and democratically self-managed enterprises: [cooperationjackson.org](http://cooperationjackson.org)
- The Next System Project works with researchers, theorists, and activists to create a “next system” that will deliver superior social, economic, and ecological outcomes: [thenextsystem.org](http://thenextsystem.org)
- Support for forming (or joining) a timebank, which is when a circle of members agrees to give time and receive credits for services other members provide: [timebanks.org/what-is-timebanking](http://timebanks.org/what-is-timebanking)
- Community land trusts provide lasting community assets and permanently affordable housing opportunities for families and communities: <https://groundedsolutions.org/strengthening-neighborhoods/community-land-trusts>
- The Coalition of Immokalee Workers organizes migrant farmworkers in the US to stand up for their rights: [ciw-online.org](http://ciw-online.org)
- Equity Solutions hosts cross-class dialogue circles, including virtually, for people of all class backgrounds and experiences to better understand their class stories, build skills for cross-class communication, and gain skills for showing up for economic justice: [equitysolutionsvt.com/cross-class-dialogue-circles](http://equitysolutionsvt.com/cross-class-dialogue-circles)



- Fight for 15 organizes food service workers to push for a \$15 minimum wage in the US: [fightfor15.org](http://fightfor15.org)
- Movement Generation Justice & Ecology Project is rooted in social movements led by low-income communities and communities of color committed to a “just transition” away from profit and pollution and toward healthy, resilient, and life-affirming local economies: [movementgeneration.org](http://movementgeneration.org)
- The National Domestic Workers Alliance organizes for economic justice for domestic workers: [domesticworkers.org](http://domesticworkers.org)
- Resource Generation organizes young people with wealth and class privilege in the US to become transformative leaders working toward the equitable distribution of land, wealth, and power: [resourcegeneration.org](http://resourcegeneration.org)
- Grassroots Global Justice Alliance is organizing to build power for poor and working class communities and communities of color in the US and globally: [ggjalliance.org](http://ggjalliance.org)
- Grassroots International emphasizes human rights to land, water, and food around the world: [grassrootsinternational.org](http://grassrootsinternational.org)
- La Via Campesina organizes millions of peasant farmers and fisher-people around the world: <https://viacampesina.org/en>
- The Landless Workers Movement organizes for land rights in Brazil: <http://www.mstbrazil.org/content/what-mst>
- The Zapatistas have maintained their rights to their ancestral lands in southern Mexico for over two decades: <https://www.jacobinmag.com/2016/04/zapatistas-ezln-san-andres-marcos-chiapas>

## Parenting for disability justice

### Definitions, Tools, Research

- “Ten Principles of Disability Justice,” by Patricia Berne, Aurora Levins Morales, and David Langstaff: <https://muse.jhu.edu/article/690824>
- Helpful guide to recognizing and replacing ableist words you may use in daily conversation: <https://www.care2.com/causes/40-alternatives-to-these-ableist-and-oppressive-words.html>
- In the Facebook group Autistic Allies, autistic adults offer information and opinions for parents of autistic children: <https://www.facebook.com/autisticallies>
- The Helping Hands Foundation provides support for parents of kids with upper limb differences, as well as annual family outings: <https://helpinghandsgroup.org>

- Under Title I of the Americans with Disabilities Act, employers with 15 or more employees are prohibited from discriminating against people with disabilities: <https://www.dol.gov/general/topic/disability/employersresponsibilities>

#### Film (clips & features)

- The web series *The Specials* documents the lives of several young adults with Down syndrome in their own voices: <https://www.the-specials.com>
- “What Is Autism?” video with Amythest Schaber: <https://www.youtube.com/watch?v=Vju1EbVVgP8>

#### Books & Articles

- *Nothing About Us Without Us: Disability Oppression and Empowerment*, by James Charlton, California University Press, 2000. This is the first book in the literature on disability to provide a theoretical overview of disability oppression that shows its similarities to, and differences from, racism, sexism, and colonialism.
- “What Disability Justice Has to Offer Social Justice,” by Theo Yang Copley: <https://www.grassrootsfundraising.org/2011/11/11-3-what-disability-justice-has-to-offer-social-justice-by-theo-yang-copley>
- “Strive to Be the Person You Want Them to Be,” by Tom Hobson: <http://teachertombsblog.blogspot.com/2019/02/strive-to-be-person-you-want-them-to-be.html>
- “Enterprise Talk: A Handrail to Authenticity,” by Tom Drummond: <https://tomdrummond.com/leading-and-caring-for-children/enterprise-talk>
- “What’s Disability Justice, Anyway?” by Chelsea Yarborough: <http://feministcampus.org/whats-disability-justice-anyway>
- “Interdependency (excerpts from several talks),” by Mia Mingus: <https://leavingevidence.wordpress.com/2010/01/22/interdependency-exerpts-from-several-talks>
- “Intelligence Is an Ableist Concept,” by Amy Sequenzia: <https://ollibeans.com/intelligence-is-an-ableist-concept>
- “Talking to Kids About Disability (and Voldemort),” by Mary Evelyn: [whatdoyoudodear.com/talking-kids-disability](http://whatdoyoudodear.com/talking-kids-disability)
- “7 Things to Do When Your Kids Point Out Someone’s Difference,” by Rachel Garlinghouse: [themighty.com/2015/04/what-to-do-when-kids-point-at-someone-in-public](http://themighty.com/2015/04/what-to-do-when-kids-point-at-someone-in-public)
- *Care Work: Dreaming Disability Justice*, by Leah Lakshmi Piepzna-Samarasinha, Arsenal Pulp Press, 2018. In this collection of essays, the author explores the politics and realities of disability justice, a movement that centers the lives and leadership of sick and disabled queer, trans, Black, and brown people, with knowledge and gifts for all.

- “Disability Justice—a working draft,” by Patty Berne:  
<http://sinsinvalid.org/blog/disability-justice-a-working-draft-by-patty-berne>
- “Disability Awareness: 10 Things Parents Should Teach Their Kids About Disabilities,” by Tiffany Carlingson:  
[huffingtonpost.com/2013/08/02/disability-awareness-parents-teach-kids\\_n\\_3696279](http://huffingtonpost.com/2013/08/02/disability-awareness-parents-teach-kids_n_3696279)
- *Count Us In: Growing Up with Down Syndrome*, by Jason Kingsley and Mitchell Levitz, Mariner Books, 2007. At ages 19 and 22, respectively, Jason Kingsley and Mitchell Levitz shared their innermost thoughts, feelings, hopes, and dreams, their lifelong friendship—and their experiences growing up with Down syndrome. Now, 13 years later, the authors discuss their lives since then—milestones and challenges, developments expected and unexpected—in a new afterword.
- “The Spoon Theory,” by Christine Miserandino:  
<https://butyoudontlooksick.com/articles/written-by-christine/the-spoon-theory>
- “Top 10 Inclusive Children’s Books,” by Sean Stockdale and Alex Strick:  
<https://www.theguardian.com/books/2013/jul/19/alexandra-strick-sean-stockdale-top-10-inclusive-childrens-books>
- “De-Stigmatizing Disability: Stereotype-Smashing Kids Books”:  
<https://booksforlittles.com/disability-destigmatization>

#### Support for Organizing for Change

- Disability Visibility Project is amplifying the voices and stories of people with disabilities: <https://disabilityvisibilityproject.com>
- Access Is Love provides resources to support a shift to thinking about access as love, instead of as a burden or an afterthought:  
<https://www.disabilityintersectionalitysummit.com/access-is-love>
- The National Alliance on Mental Illness is a grassroots organization dedicated to mental health education, family support, and advocacy, hosting walks and conventions, supporting people in advocacy work, and more: [www.nami.org](http://www.nami.org)
- The Buddy Walk, sponsored by the National Down Syndrome Society, is a family-friendly annual walk in October in many communities around the US:  
[ndss.org/play/national-buddy-walk-program](http://ndss.org/play/national-buddy-walk-program)
- Special Olympics is a sports program started in 1968 that gives people with intellectual disabilities a forum for participating in athletics and competition: [specialolympics.org](http://specialolympics.org)
- Krip-Hop Nation’s mission is to educate the music and media industries and general public about the talents, history, rights, and marketability of hip-hop artists and other musicians with disabilities: [kriphopnation.com](http://kriphopnation.com)
- The Body Is Not An Apology is an international movement committed to cultivating radical self-love and body empowerment:  
<https://thebodyisnotanapology.com/magazine/this-is-disability-justice>

- Fireweed Collective offers mental health education and mutual aid through a healing justice lens: <https://fireweedcollective.org>

## Parenting for gender justice

### Definitions, Tools, Research

- Gender Spectrum offers resources on gender for all youth, resources for supporting gender expansive children, and more:  
<https://www.genderspectrum.org/audiences/parents-and-family>
- The youth-led Trans Student Educational Resources created the Gender Unicorn and other great graphics to help kids understand gender: <http://transstudent.org/gender>
- The National Center for Transgender Equality has the latest information about laws and policies affecting transgender people and how we can improve the laws/policies in our area: <https://transequality.org/issues>
- Outright Vermont, “working to build a Vermont where all LGBTQ+ youth have hope, equity, and power,” offers a helpful list of terms and definitions:  
<http://www.outrightvt.org/terms-definitions>
- Scarleteen is an independent, feminist, grassroots sexuality and relationship education/support organization: <https://www.scarleteen.com>
- Loveisrespect, a project of the National Domestic Violence Hotline, empowers youth to prevent and end dating abuse: <https://www.loveisrespect.org>

### Film (clips & features)

- *The Mask You Live In* is a 2015 documentary on American masculinity:  
<http://therepresentationproject.org/film/the-mask-you-live-in>
- *Miss Representation* is a 2011 documentary on how mainstream media and culture contribute to the underrepresentation of women in positions of power and influence in the US: <http://therepresentationproject.org/film/miss-representation/about-the-film>
- “Shrinking Women” spoken word by Lily Myers: <https://youtu.be/zQucWXWxp3k>
- “A Call to Men” TED talk with Tony Porter:  
[http://www.ted.com/talks/tony\\_porter\\_a\\_call\\_to\\_men](http://www.ted.com/talks/tony_porter_a_call_to_men)
- “Rewrite the Story” video by The Representation Project:  
<https://youtu.be/mPAmjWtHHYs>

### Books & Articles

- “Sex? Sexual Orientation? Gender Identity? Gender Expression?” by Joel Baum and Kim Westheimer:

<http://www.tolerance.org/magazine/number-50-summer-2015/feature/sex-sexual-orientation-gender-identity-gender-expression>

- “The Problem with ‘Boys Will Be Boys,’” by Soraya Chemaly:  
[http://www.huffingtonpost.com/soraya-chemaly/the-problem-with-boys-will-be-boys\\_b\\_3186555.html](http://www.huffingtonpost.com/soraya-chemaly/the-problem-with-boys-will-be-boys_b_3186555.html)
- “When Should Kids Start Learning About Sex and Consent,” by Stephanie Auteri:  
<http://www.theatlantic.com/education/archive/2016/04/when-should-kids-start-learning-about-sex-and-consent/480264>
- “Does Your Daughter Know It’s OK to Be Angry?” by Soraya Chemaly:  
<http://www.rolereboot.org/culture-and-politics/details/2016-05-daughter-know-ok-angry>
- “Believe Me the First Time,” by Dale Weiss:  
<https://rethinkingschools.org/articles/believe-me-the-first-time>
- *American Girls: Social Media and the Secret Lives of Girls*, by Nancy Jo Sales, Vintage, 2017. The dominant force in the lives of girls coming of age in the US today is social media. What is it doing to an entire generation of young women?
- *Girls and Sex: Navigating the Complicated New Landscape*, by Peggy Orenstein, Harper, 2016. Orenstein spoke to psychologists, academics, and other experts in the field, as well as 70 young women, to offer an in-depth picture of “girls and sex” today.
- *Dude You’re a Fag: Masculinity and Sexuality in High School*, by C.J. Pascoe, University of California Press, 2007. Based on 18 months of fieldwork in a racially diverse working-class high school, this book sheds new light on masculinity both as a field of meaning and as a set of social practices.
- *The Macho Paradox*, by Jackson Katz, Sourcebooks, 2006. This book looks at the cultural factors that fuel the tolerance of abuse and violence against women.

#### Support for Organizing for Change

- The Representation Project inspires individuals and communities to challenge and overcome limiting stereotypes so that everyone, regardless of gender, race, class, age, sexual orientation, or circumstance, can fulfill their human potential:  
<http://therepresentationproject.org>
- The mission of Outright Vermont is to build safe, healthy, and supportive environments for gay, lesbian, bisexual, transgender, queer, and questioning youth ages 13–22:  
<http://www.outrightvt.org>
- Gender Spectrum offers a number of resources and services to help us create gender-inclusive environments for children and teens: <https://www.genderspectrum.org>
- The Anti-Defamation League works to stop the defamation of Jewish people and secure justice and fair treatment for all: <https://www.adl.org>

- The Women’s Freedom Center, based in Vermont, is working to end domestic and sexual violence. Its youth educators run workshops and trainings with parents and youth on issues of gender: <http://womensfreedomcenter.net>
- Green Mountain Crossroads, also based in Vermont, connects rural LGBTQ people to build community, knowledge, and power: <http://www.greenmountaincrossroads.org>
- Queerly Elementary provides services and resources to help school communities embrace lesbian, gay, bisexual, transgender, and queer diversity: <http://queerlyelementary.com>

## Parenting for collective liberation!

### Definitions, Tools, Research

- Extensive background and resources on environmental justice and environmental racism: <https://www.ejnet.org/ej/index.html>
- “The History of Environmental Justice in Five Minutes”: <https://www.nrdc.org/stories/history-environmental-justice-five-minutes>

### Film (clips, features) & Audio

- “The Urgency of Intersectionality” with Kimberle Crenshaw: [https://www.ted.com/talks/kimberle\\_crenshaw\\_the\\_urgency\\_of\\_intersectionality](https://www.ted.com/talks/kimberle_crenshaw_the_urgency_of_intersectionality)
- In the documentary *Mossville, When Great Trees Fall*, a centuries-old Black community in Louisiana, contaminated and uprooted by petrochemical plants, comes to terms with the loss of its ancestral home: <https://www.pbs.org/video/mossville-when-great-trees-fall-se2q8k>
- *13th*, a documentary about racialized drug policy by Ava DuVernay: <https://www.netflix.com/title/80091741>
- “Mending Racialized Trauma: A Body Centered Approach with Resmaa Menakem” episode of Rebecca Wong’s *Connectfulness Practice* podcast: <https://connectfulness.com/episode/010-resmaa-menakem-racialized-trauma>
- “Me Too Is a Movement Not a Moment,” Tamara Burke: [https://www.ted.com/talks/tarana\\_burke\\_me\\_too\\_is\\_a\\_movement\\_not\\_a\\_moment](https://www.ted.com/talks/tarana_burke_me_too_is_a_movement_not_a_moment)
- “A Message from the Future with Alexandria Ocasio-Cortez”: <https://theintercept.com/2019/04/17/green-new-deal-short-film-alexandria-ocasio-cortez>
- The short videos on The Story of Stuff highlight our addiction to stuff and how that addiction is connected to other social and environmental issues. If you apply a collective liberation lens you can connect these videos to many of the issues detailed in *Parenting for Social Justice*: <https://storyofstuff.org/movies>
- Greta Thromberg’s speech at the UN Climate Summit in 2018: <http://www.youtube.com/watch?v=VFkQSGyeCWg>

## Books & Articles

- *Sacred Instructions: Indigenous Wisdom for Living Spirit Based Change*, by Sherri Mitchell, North Atlantic Books, 2018. This book is a powerful weaving of how centuries of violence are impacting our lives and what we can do for healing. (commentary by Angela Berkfield)
- *Your Silence Will Not Protect You: Essays and Poems*, by Audre Lorde, Silver Press, 2017. Over and over again, in the essays, speeches, and poems collected in this book, Lorde emphasises how important it is to speak up, to give witness.
- *Emergent Strategy: Shaping Change, Changing Worlds*, by adrienne maree brown, AK Press, 2017. Inspired by Octavia Butler's explorations of our human relationship to change, *Emergent Strategy* is radical self-help, society-help, and planet-help designed to shape the futures we want to live.
- *Towards Collective Liberation: Anti-Racist Organizing, Feminist Praxis, and Movement Building Strategy*, by Chris Crass, PM Press, 2013. Organized into four sections, this collection of essays is geared toward activists engaging with the dynamic questions of how to create and support effective movements for visionary systemic change.
- *The New Jim Crow: Mass Incarceration in the Age of Colorblindness*, by Michelle Alexander, The New Press, 2010. This is a must-read book about mass incarceration in the US. There's also a companion book for young readers.
- "Using the Five Faces of Oppression to Teach About Interlocking Systems of Oppression," by Davey Shlasko:  
<https://www.tandfonline.com/doi/abs/10.1080/10665684.2015.1057061>
- *Pedagogy of the Oppressed*, by Paulo Freire, Herder and Herder, 1972. Freire's work has taken on a special urgency in the United States and Western Europe, where the creation of a permanent underclass in cities is increasingly accepted as the norm.
- *Carbon Pricing: A Critical Perspective for Community Resistance*, by Tamra Gilbertson:  
<https://www.ienearth.org/wp-content/uploads/2017/11/Carbon-Pricing-A-Critical-Perspective-for-Community-Resistance-Online-Version.pdf>
- "Domestic Violence Against American Indian and Alaska Native Women," by the National Coalition Against Domestic Violence:  
[https://www.speakcdn.com/assets/2497/american\\_indian\\_and\\_alaskan\\_native\\_women\\_dv.pdf](https://www.speakcdn.com/assets/2497/american_indian_and_alaskan_native_women_dv.pdf)
- "#MeToo Brought Down 201 Powerful Men. Nearly Half of Their Replacements Are Women," by Audrey Carlsen, Maya Salam, Claire Cain Miller, Denise Lu, Ash Ngu, Jugal K. Patel, and Zach Wichter:  
<https://www.nytimes.com/interactive/2018/10/23/us/metoo-replacements.html>



- “7 Positive Changes That Have Come from the #MeToo Movement,” by <https://www.vox.com/identities/2019/10/4/20852639/me-too-movement-sexual-harassment-law-2019>
- “19 Youth Climate Activists You Should Be Following on Social Media,” by Inma Galvez-Robles: <https://www.earthday.org/2019/06/14/15-youth-climate-activists-you-should-be-following-on-social-media>
- *Radical Dharma: Talking Race, Love, and Liberation*, by Rev. angel Kyodo williams, Lama Rod Owens, and Jasmine Syedullah, North Atlantic Books, 2016. This urgent call to action outlines a new dharma that takes into account the ways that racism and privilege prevent our collective awakening.

#### Support for Organizing for Change

- Catalyst Project is an organization in Oakland, California, that builds multiracial movements for collective liberation: <http://collectiveliberation.org>
- Climate Justice Alliance was founded in 2013 and is made up of over 70 urban and rural organizations: <https://climatejusticealliance.org>
- Grassroots Global Justice is an alliance of over 60 US-based grassroots organizing groups comprised of working and poor people and communities of color: <https://ggjalliance.org>
- Rising Tide North America support communities in making a “just transition,” in which social and ecological needs are prioritized in the shift to a low-carbon society: <https://risingtidenorthamerica.org/features/principles>
- The mission of the National Coalition Against Domestic Violence is to lead, mobilize, and raise our voices to demand a change of conditions that lead to domestic violence, such as patriarchy, privilege, racism, sexism, and classism: <https://ncadv.org>
- Support the youth who filed a constitutional climate lawsuit, *Juliana v. United States*, against the US government in the US District Court for the District of Oregon in 2015: <https://www.youthvgov.org/congress4juliana>
- The Unist’ot’en Camp is facing a constantly expanding number of companies that have proposed tar sands and fracking gas pipelines through Unist’ot’en territory without consent: <https://unistoten.camp/no-pipelines>
- The Movement for Black Lives consists of over 50 POC-led organizations coming together to organize for change: <https://policy.m4bl.org/platform>
- The Indigenous Environmental Network is an alliance of Indigenous peoples whose mission is to protect the sacredness of Earth Mother from contamination and exploitation by strengthening, maintaining, and respecting Indigenous teachings and natural laws: <http://www.ienearth.org>

- The Root Social Justice Center, based in southern Vermont and working with folks all over the state and region, is building a movement for racial justice by building power for people of color and shifting resources to POC-led organizing: [therootsjc.org](http://therootsjc.org)
- Migrant Justice organizes very successfully with undocumented migrant farmworkers in Vermont for basic human rights and dignity, receiving national attention for its work: [migrantjustice.net](http://migrantjustice.net)
- Out in the Open connects rural LGBTQ+ people to build power: <https://www.weareoutintheopen.org>
- The Vermont Workers' Center is a member-led organization fighting for economic justice and human dignity: <https://www.workerscenter.org>
- The Sylvia Rivera Law Project is a collective organization founded on the understanding that gender self-determination is inextricably intertwined with racial, social, and economic justice: [srlp.org](http://srlp.org)
- Southerners on New Ground builds, sustains, and connects a southern regional base of LGBTQ people to transform the region through strategic projects and campaigns developed in response to current community conditions: [southernersonnewground.org](http://southernersonnewground.org)
- Black and Pink is a national prison abolitionist organization dedicated to abolishing the criminal punishment system and liberating LGBTQIA2S+ people and people living with HIV/AIDS who are affected by that system: [blackandpink.org](http://blackandpink.org)
- United Students Against Sweatshops is the nation's largest youth-led, student labor campaign organization with affiliated locals on over 150 campuses: <https://usas.org>
- Beautiful Solutions is an online platform, book, and training program that elevates strategies for creating the just world we want: <https://solutions.thischangeeverything.org>
- Earth Guardians are taking action for social and climate justice: [www.earthguardians.org](http://www.earthguardians.org)

AND SO MANY MORE!

Check out [www.parenting4socialjustice.com](http://www.parenting4socialjustice.com) for updated resource lists, and like our Facebook page at [www.facebook.com/parenting4sj](https://www.facebook.com/parenting4sj).